

Drug Use By State Youths Spreading Like Wildfire

By Harold V. Streeter
Associated Press Writer

San Francisco (AP) — All over California, more teenagers literally "are going to pot."

Authorities, particularly in the densely populated sectors, report that the usage of marijuana (pot) by youngsters has risen sharply within a year because:

—It is easy to get. A ton of it was seized recently at Long Beach, smuggled in from Mexico — enough for 2.8 million users.

—It is cheap. A reefer (cigarette) generally costs about 50 cents.

—And, although definitely illegal, a controversy still rages over just how dangerous marijuana is.

The more potent and costly LSD (one Los Angeles youth said it made him think he was traveling through his own veins) just has begun to enter the juvenile scene. Its going price of from \$3 up to \$10 a tablet or capsule is a slowing factor.

Max Rafferty, state superintendent of public instruction, branding the LSD problem "dry rot in the human soul," recently told 1200 public school administrators, he foresaw it as posing the biggest problem in California education in the near future.

"It's a matter of availability," says Southern California's state narcotics bureau head, Burnell H. Barnard, on juvenile usage of marijuana and LSD.

"There's a lot more of it around.

"But mostly it's this propaganda that marijuana and LSD are no worse than or not as bad as using alcohol.

"At least 50 per cent of the high school students in a school are aware of or in contact with users of narcotics."

Sgt. Eugene Zappey, who heads the 16-man narcotics unit in the juvenile division of the Los Angeles police, says kids as young as 12 have been caught smoking marijuana.

Marijuana has become so big among Los Angeles city 16 and 17-year-olds that Zappey and his division boss, Capt. W. L. Richey are pleading for more men to cope with it.

Two teenaged brothers were sent to the California Youth Authority for one to two years for selling narcotics to high school classmates in San Francisco. One brother, 17, made so much money that he rented his own apartment on Twin Peaks for \$275 a month.

Sheriff John Misterly made an informal survey at a South Sacramento high school, found 100 out of the 1400 students who admitted freely they used marijuana. One said it was "as common as beer" at the school.

Sheriff Misterly said some Sacramento youngsters weekend in San Francisco in the Haight-Ashbury hippie district where "marijuana and LSD are peddled like chewing gum."

One 19-year-old he arrested for selling marijuana to high school students had four pounds, enough to make 14,000 cigarettes.

At San Diego, the appearance in class of a girl under the influence of LSD so startled Roger Bacon, a Madison High School teacher, that he initiated his own undercover survey. He gained the confidence of 35 admitted users.

The average guess is that 60 in any high school of around 2000 in the area is using some form of narcotic. And all too often the user feels a missionary zeal to spread it.

The stuff is easy to get anywhere in the beach area, sometimes right at the high schools.

Some marijuana users bring it in lunch bags. One San Diego teenager told of bringing LSD in an aspirin bottle and consuming it in class.

The starting age generally for users is 16.

Eleven of the 35 admitted going on to heroin.

More than 90 per cent said users indulge in "overfriendly" sex relations.

Most of them come from problem homes, such as divorced parents and are in poor health

"With drugs, they're taking a time out from living," he observes.

Parental negligence is blamed by many. Peter Chang, district attorney of Santa Cruz County, laments that some parents "still think they can slap down a fifth of whisky every night and tell Johnnie not to smoke pot."

The continuing controversy over marijuana by adults has not been lost upon teenagers.

"LSD can scare the hell out of you," concedes Dr. John H. Beatty of Oakland, chairman of the Committee on Alcoholism and Dangerous Drugs for the Alameda County Medical Association.

"But not marijuana. The kids who use it say it does no more to them than alcohol does to adults. I'm not sure I can refute that."

But Dr. William F. Quinn of Los Angeles, chairman of the California Medical Association's

Editor's Note: Authorities in close touch with the narcotic situation in California have told Associated Press staff members about an alarming increase in teenage use of marijuana and LSD. In this second article of the series, here is a closer look into this fast-growing problem.

subcommittee on dangerous drugs, insists that marijuana causes acts of violence and perversion.

Dr. Victor H. Vogel, chairman of the Narcotic Evaluation Authority at the California Rehabilitation Unit, Corona, has this warning for teenage smokers of "pot:"

"Whereas 30 years ago with drug addicts only 2 per cent started the use of hard narcotics (heroin, etc.) with marijuana, 95 per cent today started use of

hard narcotics with marijuana."

LSD, just beginning to be reported in such places as Santa Barbara and Riverside counties, is less controversial.

Matthew O'Connor, head of the Northern California section of the State Narcotics Bureau, puts it bluntly:

"The only manufacturer in the world of LSD is Sandoz and Co. of Switzerland. It now has supplied 57 research centers in the United States with all they need for five years or more and has discontinued the supply.

"So the acid these kids get is picked up on the street, the product of half-baked chemical knowledge . . . bootleg variety . . . just bathtub gin garbage."

Tomorrow: The difficult job of trying to solve the crisis. Enforcement is like a leaky sieve. The state opens an educational drive.

Wilted Lettuce And Bacon And Eggs



By Cecily Browns
AP Food Editor

If you sometimes find your brains wondering what to prepare for lunch on a weekday or Saturday, for the drop-in guests, you may consider offering wilted salad with bacon and hard-boiled eggs.

For this salad, which is dressed with a hot mixture of oil, vinegar and vinegar plus salt, iceberg lettuce is an excellent choice because it stays crisp even after it is cooked in hot dressing for a few minutes. Crumbled crisp bacon and hard-cooked egg garnish this salad, too, and make it hearty enough to serve as a main course. When served at our house we are served with hot homemade rolls; for dessert we served a hot fudge sauce filled and frosted layer cake.

Wilted Lettuce With Bacon and Eggs

- 1 head iceberg lettuce
- 3 tablespoon corn oil
- ¼ cup cider vinegar
- 1 tablespoon sugar
- ¾ teaspoon salt
- ¼ teaspoon pepper
- ¼ teaspoon caraway seeds, crushed

Food News

Try Picnic Potatoes

By Gaynor Mac
Newspaper Enterprise

The peak of the summer crop of California white potatoes begins in late July. This nearly "all-purple" potato is off-white, has a smooth skin with small eyes, and can be easily peeled. It is mealy when cooked and keeps its shape when boiled.

high school students arrested in a recent raid said they burned incense at home to cover up the marijuana odor.

Why is all this happening? The answers vary.

Increasing world pressures around teenagers, says Dr. Arnold Mandell, assistant professor of psychiatry at UCLA.

2 teaspoons salt
 $\frac{1}{8}$ teaspoon ground pepper

1 lb. (2 cups) corn
1 tablespoon butter
 $\frac{1}{4}$ cup heavy cream
1 tablespoon flour

Peel and dice potatoes half in buttered pan. Add cheese and herbs. Mix salt and pepper and sprinkle half of mixture on potatoes. Put cheese mixture in strainer, letting it drain. Add to potato layer. Dot with butter.

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