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Everyone was suspicious of everyone else. When we passed single man hiking alone, we'd rake him with our eyes. Was he the one? Could we describe him to police later? I heard stories of single men hikers feeling the energy and calling "There was an atmosphere of constant concern out, 'I didn't do it!""

beg for their lives before shooting them. I wasn't about to go out on my knees, begging for my life. I wanted to take him "I read that he made victims take their clothes off and Skinner herself took a women's self-defense course.

The lurking specter of death doesn't make for a fun

"I had been on the mountain to be serene, to be still," says myself ready for combat or flight at a moment's notice. It Skinner. "Now I had to treat it like a city street, to hold was no longer a place to restore my soul."

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bandits stole a huge haul of gold coins from a bank in San Some years later, around the turn of the century, two Rafael. Escaping over the mountain to Willow Camp (now Stinson Beach), the bandits buried the treasure for safe-

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She holds up her right palm, which is scraped and bloody Outside Skinner's hilltop home, fog was beginning to "I fell on some sharp rocks, but I didn't care."

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gruesome Thanksgiving discoveries sent fresh shivers of fear through the foothills of the mountain, which range from Mill when two hikers at Point Reyes National Seashore were shot to death. Authorities searching the area for clues turned up and San Anselmo. Marin authorities were by then seeking a two decomposed bodies nearby. The victims had also been Deep concern turned to stark terror last Thanksgiving, Valley through Corte Madera, Greenbrae, Kentfield, Ross Although Point Reyes is miles from Tamalpais, the single killer; one individual terrorized half a county.

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Then the pioneers, and the Forty-Niners, and the farmers, and the adventurers, and the builders of empire came West. They killed off the Indian tribes, and fell in love with Mount Tamalpais. They found no evil spirits there, just magic wrapped in fog and breathtaking vistas.

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They embraced the softly rising thrust of land and rock, carving trails for hiking, building "the world's crookedest railway" to take tourists to the summit, establishing inns where visitors could be astounded by nature's bounty.

Then, on Aug. 20, 1979, evil spirits returned to Mount Tamalpais. Edda Kane, 44, a Mill Valley hiker, was found shot to death on a popular mountain trail.

"Edda's murder didn't stop us from going out onto the mountain," recalls Nancy Skinner, an expert hike leader who teaches Tamalpais history at the College of Marin.

"We thought it was an isolated incident. The idea of some guy running around shooting people just never occurred to us."

Then, March 8, 1980, the body of Barbara Schwartz, a 23year-old Mill Valley baker, was found on a mountain hiking trail

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Historians can't seem to agree on where the name Tamalpais came from. Early English-speaking settlers called it Table Hill, while the Spanish-speaking population knew it as Piacho Prieto, or "Dark Peak."

Contemporary legend credits the name to the Miwoks themselves, but it was the Spanish who invented "Tamalpais." One source cites the Spanish name for the Miwoks — "Tamales" — and speculates the name refers to a Miwok village at the mountain's base, or "the Tamales by the mountain."

Another writer cites similar Aztec mountain names — "Takaulipas," for example — and surmises "tamal" means "food" and "pais" means "land" or "country," thus "Food and."

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Not everyone fled Tamalpais. Skinner's hiking groups increased their enrollment by 25 percent. "But," she adds, "those were the committed hikers. The merely interested stayed away."

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Everyone was suspicious of everyone else. When we passed a single man hiking alone, we'd rake him with our eyes. Was he the one? Could we describe him to police later? I heard stories of single men hikers feeling the energy and calling out. I didn't do it!"

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The lurking specter of death doesn't make for a fun nature hike.

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Examiner/Eli Reed

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"It will never be the same on the mountain, I think," she says, measuring her words. "You can't put things back the way they were before. Even if the suspect is the guy who did it, I'll never walk certain trails alone again. Never. There's something that's gone now: a feeling of serenity, of stillness. I'll never feel so free and alone again. Ever."

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