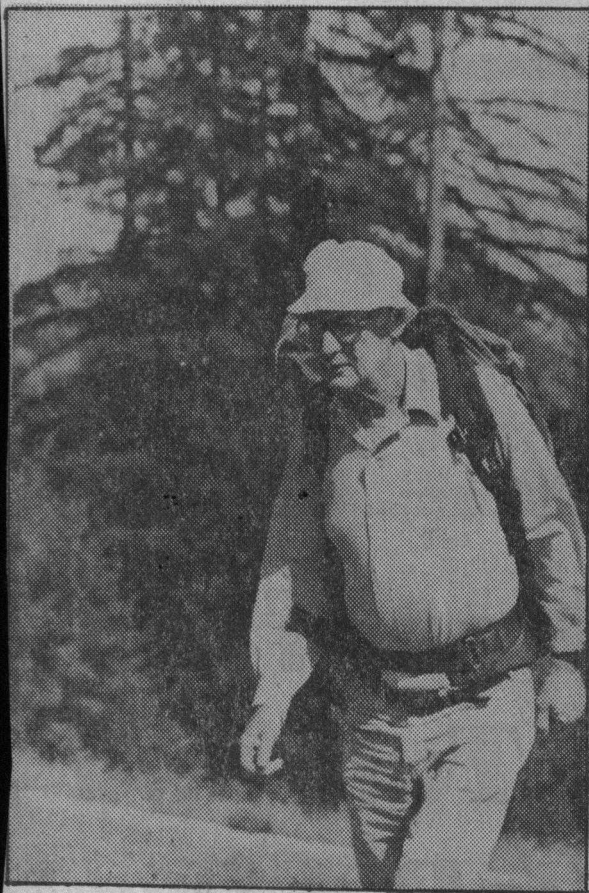


11/14/82 *Sentinel*



Psychology of fitness

Bert Kaplan, Ph.D, professor of psychology at UCSC's Cowell College, will draw upon personal experience — including his attempt to walk the entire John Muir Trail — when he speaks on “The Psychology of Physical Fitness” at noon Tuesday at the Nelson Center. His speech is part of the monthly luncheon/lecture series put on by the Affiliates of UCSC. The public is invited to the free lecture. Those attending can bring their own lunch or order a lunch in advance by calling 429-2501. Kaplan's major research includes cross-cultural studies of personalities in the American Indians of the Southwest and a study of mental illness in the Navaho, Apache and Pueblo Indians. He has conducted a series of experiments in existentialism and phenomenology, the branch of science dealing with description and classification of phenomena. His extensive list of publications includes “The Inner World of Mental Illness” and “A study of Rorschach Responses in Four Cultures.” Kaplan received his bachelor's degree at Brooklyn College and his doctorate at Harvard.