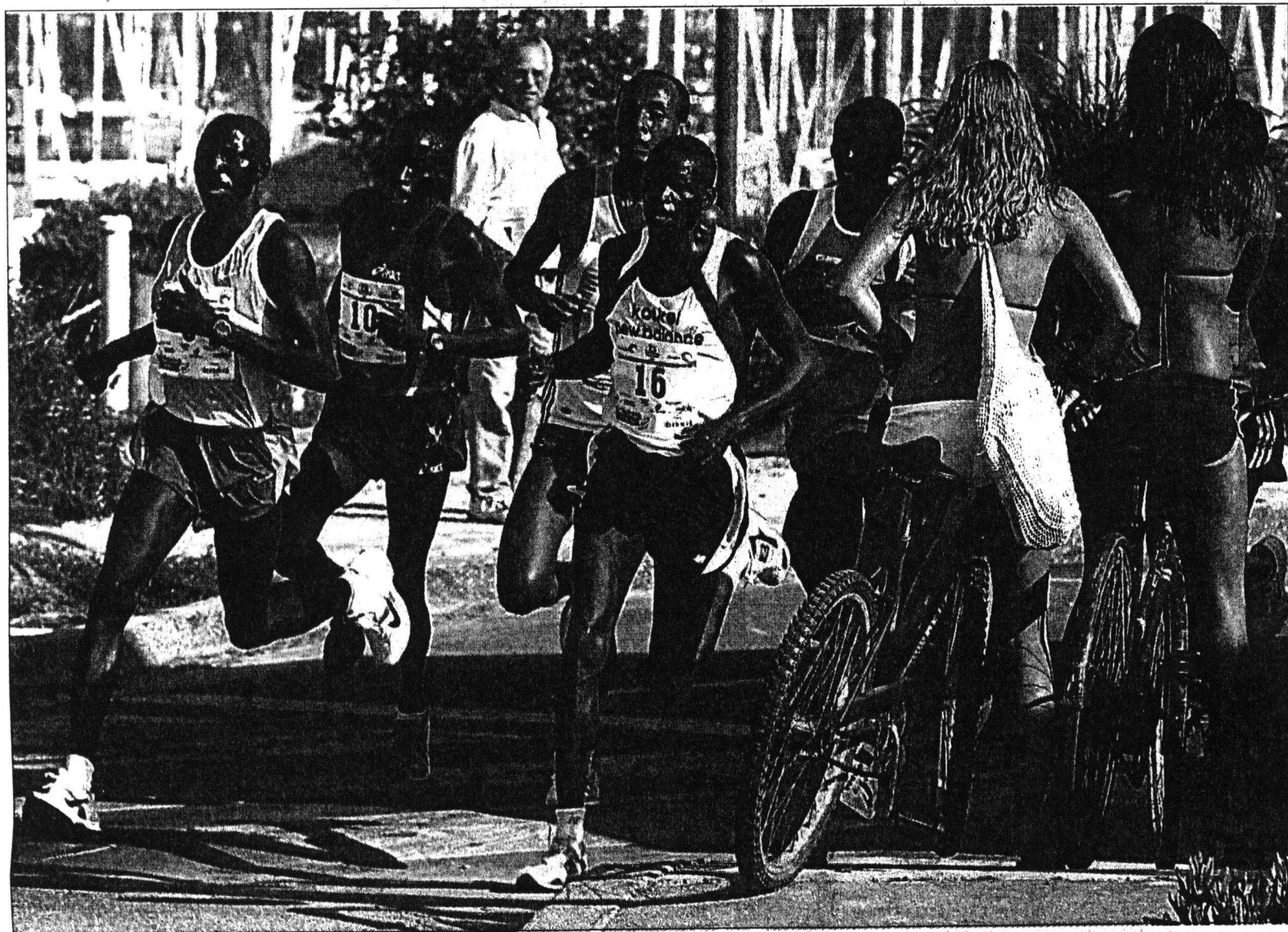


34TH ANNUAL WHARF TO WHARF

BEATING THE HEAT

BALMY WEATHER DOESN'T PREVENT BLISTERING PACE



MEN: Moroccan, 25, holds off race veteran for first victory in U.S.

By **JULIE JAG**
SENTINEL STAFF WRITER

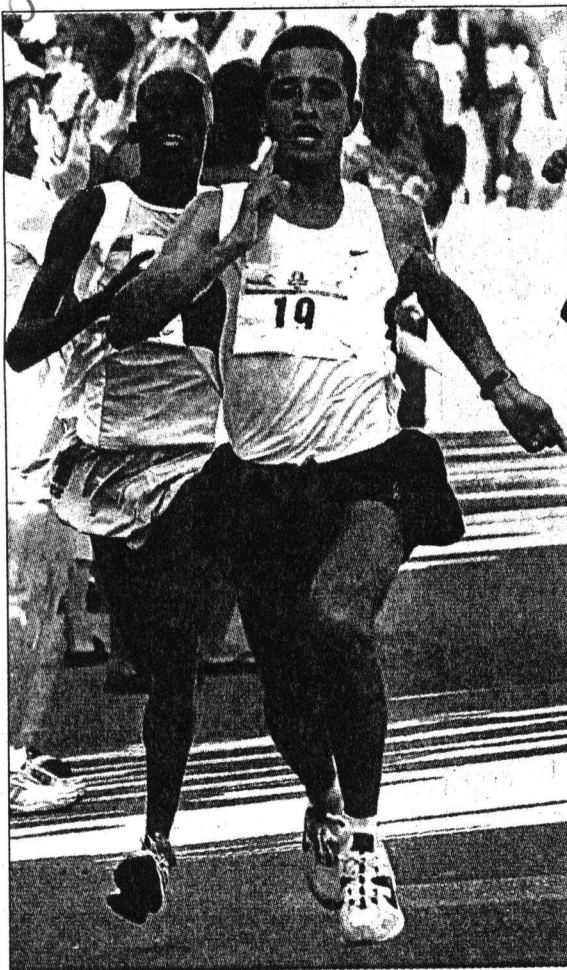
CAPITOLA — Ridouane Harroufi had a moment of hesitation before he crossed the finish line to win the Wharf to Wharf men's race Sunday.

As he led the pack down the hill toward the finish, the lean Moroccan runner didn't seem sure of when a proper victory celebration should begin. He started raising his arm for a fist pump with a few yards to go, then apparently thought better of it. He took a quick glance behind him and another ahead to the finish line. And then, with just a few feet remaining, he let the celebration fly.

Harroufi's hesitation was understandable: Sunday's win was his first on American soil.

"He is very excited about winning because this was the first race he has won in the U.S.," said Harroufi's manager, Adam Guermali, via cell phone after translating for the French-speaking runner. "Now he has the mental edge to win other races."

Harroufi, 25, apparently doesn't need an edge, beating one of the strongest elite fields in Wharf to Wharf history in his race debut. Harroufi finished the 6-mile run between Santa Cruz and Capitola in 27 minutes, 10 seconds, making him the Wharf to Wharf's first Moroccan winner. Still, he crossed only 1 second before Julius Kiptoo (27:11) of Kenya, who in 2005 also missed winning by a shoestring. Harroufi's



Shmuel Thaler/Sentinel photos

TOP: The race leaders round the bend near the Yacht Harbor at 5th Avenue past some spectators. **ABOVE:** Ridouane Harroufi sprints to the finish in Capitola Village past Kenyan Julius Kiptoo.

WOMEN: Kenya's Jelagat gets pushed by no one on way to win

By **TOM MOORE**
SENTINEL SPORTS EDITOR

CAPITOLA — In Kenya, Jemima Jelagat is a celebrity.

And in Capitola, after winning the Wharf to Wharf women's race on Sunday, she was a celebrity here.

Jelagat turned in a time of 31 minutes, 7 seconds on the 6-mile course from Santa Cruz to Capitola, holding off Russian Tatyana Chulakh, who was 31 seconds behind at 31:38.

"I just kept pushing," said Jelagat, who averaged 5:11 per mile.

She pulled away from Chulakh after the 3-mile mark, and kept looking over her shoulder for the competition for the final 2 miles. She never found any, running only against the 6-mile course record of 30:42, set by Esther Kiplagat in 2002.

"It was so hot," said Jelagat, who earned \$3,000, which she plans to use to help her family in Kenya. "I'm very happy. The time was good. It was a good race."

Chulakh also said she was pleased with her performance, but that she regretted she didn't push through some pain when Jelagat pulled



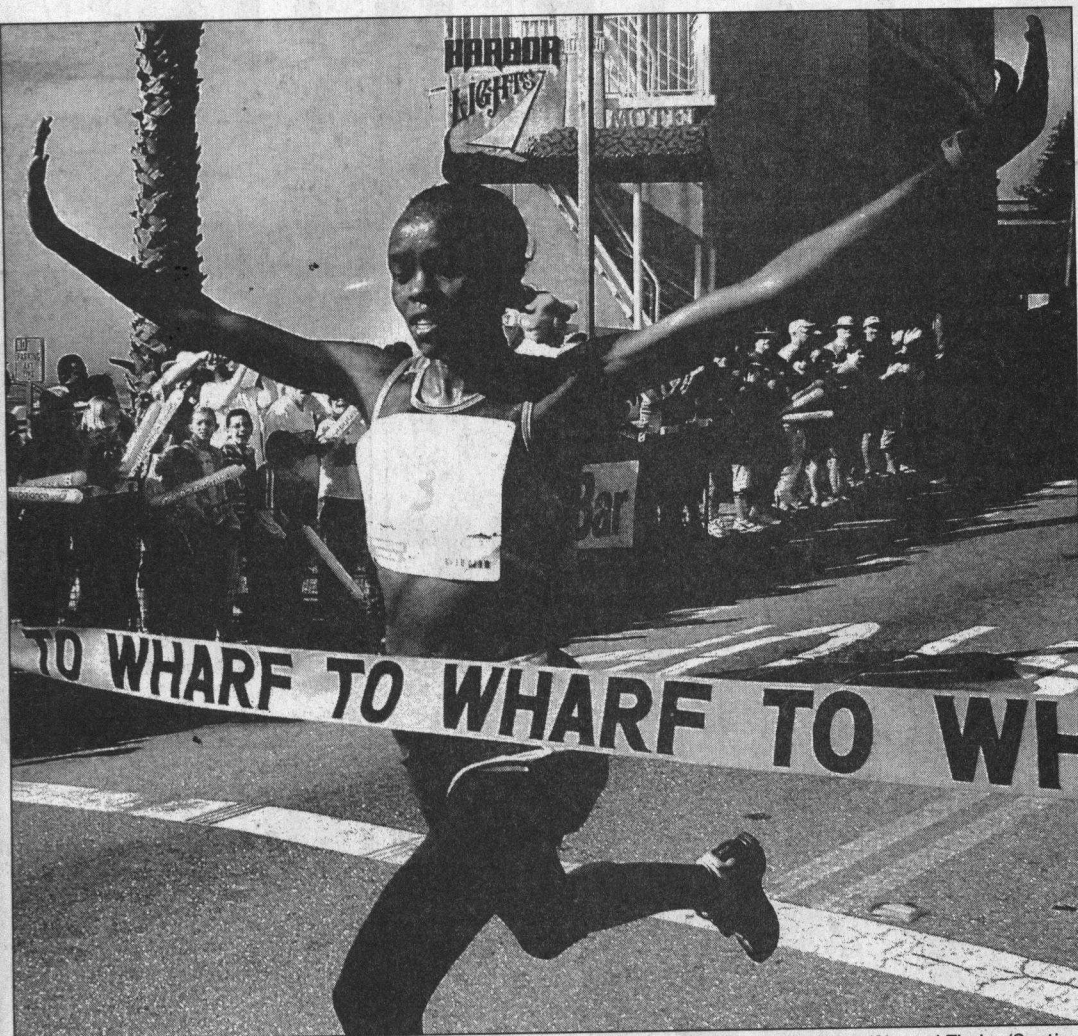
JELAGAT
Kenyan, 21, rolls to victory in 31:07

SPORTS

WHARF TO WHARF 2006

TOP 100 MEN'S FINISHERS

| PL | NAME | HOMETOWN | TIME |
|----|---------------------|-----------------|-------|
| 1 | RIDOUANE HARROUFI | MOROCCO | 27:10 |
| 2 | JULIUS KIPTOO | KENYA | 27:11 |
| 3 | MOHAMED FADIL | MOROCCO | 27:13 |
| 4 | JAMES KOSKEI | KENYA | 27:20 |
| 5 | ALENE RETA | ETHIOPIA | 27:24 |
| 6 | ERNEST KIMELI | KENYA | 27:30 |
| 7 | JULIUS KIBET KOSGEI | KENYA | 27:32 |
| 8 | LUKE KIPKOSGEI | KENYA | 27:59 |
| 9 | BOLATA ASMERON | OAKLAND | 28:37 |
| 10 | SCOTT BAUHS | DANVILLE | 29:01 |
| 11 | LYLE WEESE | MARINA | 29:18 |
| 12 | BRETT GOTCHER | WATSONVILLE | 29:47 |
| 13 | JORGE MURILLO | DAVIS | 29:48 |
| 14 | JOHN MENTZER | MONTEREY | 29:58 |
| 15 | LIKHYA DAYILE | SOUTH AFRICA | 30:50 |
| 16 | MATTHEW PETRILLO | LOS GATOS | 30:53 |
| 17 | BEN TURMAN | KENSINGTON | 30:57 |
| 18 | MOHAMED ABDALLA | SAN JOSE | 31:09 |
| 19 | CHRISTOPHER LAYMAN | MONTE SERENO | 31:16 |
| 20 | NICK MOSEY | YORBA LINDA | 31:21 |
| 21 | SCOTT PETERSON | SAN LUIS OBISPO | 31:25 |
| 22 | JAMES SHEREMETA | LA JOLLA | 31:30 |
| 23 | BJORN BOSTROM | DANVILLE | 31:32 |
| 24 | MARK MATUSAK | KENTFIELD | 31:35 |
| 25 | JEFF GILL | MFEMF | 31:36 |
| 26 | KELSEY CODY | DAVIS | 31:38 |
| 27 | MICHAEL ATWOOD | SAN LEANDRO | 31:39 |
| 28 | SCOTT HIMMELBERGER | PALO ALTO | 31:39 |
| 29 | AARON JACOBSEN | SANTA CRUZ | 31:42 |
| 30 | JACOB EVANS | WATSONVILLE | 31:43 |
| 31 | GARRETT ASH | WINNETKA | 31:49 |
| 32 | ARTURO GARCIA | TURLOCK | 31:50 |
| 33 | ALEX RAMON | SAN JOSE | 31:51 |
| 34 | MARK LONAC | DAVIS | 31:52 |
| 35 | JEFFREY LEASE | SAN LUIS OBISPO | 31:53 |
| 36 | KEVIN CHAVES | LOS ALTOS | 31:55 |
| 37 | MARCOS CORONA | SAN JOSE | 32:02 |
| 38 | RUSSELL BUSH | BOULDER CREEK | 32:05 |
| 39 | JOSE P. AISPURO | FREEDOM | 32:06 |
| 40 | JIMMY ELAM | MANTECA | 32:07 |
| 41 | ANDREW DIXON | SAN RAMON | 32:26 |
| 42 | ADDIE KLAIS | CLOVIS | 32:27 |
| 43 | JAIME HEILPERN | SANTA CRUZ | 32:28 |
| 44 | HARI IYER | SARATOGA | 32:31 |
| 45 | BETHUEL AKUMA | KENYA | 32:36 |
| 46 | BEN DELAND | PLEASANTON | 32:38 |
| 47 | NICK CLINTON | SAN JOSE | 32:42 |
| 48 | CHRIS FURNARI | EL DORADO HILLS | 32:43 |
| 49 | GEOFF CASAZZA | SOUTHLAKE TAHOE | 32:44 |
| 50 | WILLIAM HOLLERAN | SAN RAFAEL | 32:48 |
| 51 | SEAN MARZOLF | LODI | 32:52 |
| 52 | MATT GRILLI | MILPITAS | 33:01 |
| 53 | WAYNE HOPP III | SAN JOSE | 33:07 |
| 54 | NICK FILL | SAN JOSE | 33:09 |
| 55 | JEFF OBERLATZ | SACRAMENTO | 33:10 |
| 56 | GALEN SMITH | LOS ALTOS | 33:14 |
| 57 | FELIPE MONTORO | SAN JOSE | 33:20 |
| 58 | JOSE ANGUIANO | ROHNERT PARK | 33:21 |
| 59 | CHRIS FULLER | DAVIS | 33:22 |
| 60 | GARY BLANCO | CHICO | 33:24 |
| 61 | RUSS PFAFF | CLOVIS | 33:26 |
| 62 | JOEL BUSCHECK | ORINDA | 33:29 |
| 63 | JAVER NARANJO | SOQUEL | 33:32 |
| 64 | STEVE SADARO | KENTFIELD | 33:33 |
| 65 | IAN BLAIR | ALEXANDRIA | 33:34 |
| 66 | GORDY HOLTHERMAN | HILLSBOROUGH | 33:39 |
| 67 | CARLOS CASTELO | SANTA ROSA | 33:41 |
| 68 | JOSE PINA | SANTA CLARA | 33:42 |
| 69 | MICHAEL LANDRY | SANTA CRUZ | 33:43 |
| 70 | JONATHAN RHEL | DANVILLE | 33:44 |
| 71 | KELI PARKER | WATSONVILLE | 33:45 |
| 72 | JEFF HONGO | CAMPBELL | 33:47 |
| 73 | MIGUEL ZEPEDA | WATSONVILLE | 33:48 |
| 74 | CHANCE CAROTHERS | WATSONVILLE | 33:49 |
| 75 | MICHAEL CONNORS | SAN CLEMENTE | 33:50 |
| 76 | ADALBERTO CORRES | SEASIDE | 33:53 |
| 77 | STEVEN GARZA | SAN FRANCISCO | 34:01 |
| 78 | JAY TAGLIARENI | WALNUT CREEK | 34:03 |
| 79 | PASTOR BEJINEZ | PLEASANT HILL | 34:13 |
| 80 | MATTHEWS MIKE | SAN JOSE | 34:15 |
| 81 | ERON FERREIRA | ANTIOCH | 34:19 |
| 82 | PATRICK RAINEY | ROCKLIN | 34:23 |
| 83 | CHATHAM ROSS | ALAMEDA | 34:24 |
| 84 | MICHAEL MACHADO | OAK HILLS | 34:26 |
| 85 | ALAN JACKSON | SACRAMENTO | 34:27 |
| 86 | THOMAS JENSEN | SAN FRANCISCO | 34:27 |
| 87 | DANIEL FILIP | SAN JOSE | 34:28 |
| 88 | ROBERT GROVE | FOLSOM | 34:29 |
| 89 | A. ALVAREZ-BAUTISTA | WATSONVILLE | 34:30 |
| 90 | SHAWN AYERS | SAN CARLOS | 34:33 |
| 91 | ROB NAST | SARATOGA | 34:37 |
| 92 | VINCE RODRIGUEZ | SANTA CLARA | 34:39 |
| 93 | ANDREW JONES | SAN JOSE | 34:48 |
| 94 | LUIS CORTES | SOQUEL | 34:49 |
| 95 | PATRICK WILLIAMS | CAPITOLA | 34:52 |
| 96 | CRAIG LEE | SANTA CLARA | 34:55 |
| 97 | DAN ZULAICA | CARMEL | 34:57 |
| 98 | JAIME LOPEZ | SALINAS | 34:58 |
| 99 | DEBRICK PETERMAN | SAN JOSE | 35:00 |



Shmuel Thaler/Sentinel

Jemima Jelegat soars home at the finish line in Capitola in a time of 31 minutes, 7 seconds.

Women

Continued from Page B1

away.

"It was a little hot, all through the race. At 3 miles, my legs were tired and I slowed down. The last 2 miles I felt great. I'm thinking, 'Why, why did I slow down?'" Chulakh said.

At race's end, she said she felt like she'd like to run it again.

She may return.

"This place I very much like," Chulakh said. "This is my favorite state — San Diego, Santa Cruz — it's not too hot. It's very beautiful."

Jelegat and Chulakh had never faced each other before, although both have been traveling the United States, competing in top races.

Afterward, they exchanged a hug, talked about other races and discussed and apologized about a couple elbows they exchanged during the race.

Karin Van Rooyen of Santa Cruz was the top local finisher for the second consecutive year, finished sixth in 34:34.

Last year, Van Rooyen had just moved to Santa Cruz after a strong track and field career at Southern Methodist University. After a year in town, she

Jelegat, just 21 years old, said she started running in grammar school and was always among the best of her age group in Kenya, where running is the sport of choice.

She is now among the top 10 women's runners in Kenya with a shot at making the national team, competing in the 2007 World Championships and the 2008 Olympics, said her agent, Shawn Hellebuyck.

"I think she'll have the experience and the confidence. Her national championships can be harder than the Olympics. She just needed some confidence," Hellebuyck said.

Hellebuyck said that being a top-10 runner in Kenya compares to being a top-10 basketball player in the NBA.

Jelegat has been traveling the United States for the past three months, training in Arizona. She has one more race, next week at the Bix 7 race in Iowa, where first place is worth \$10,000. Then she'll head home to Kenya.

She said the opportunity to travel in the U.S., to race for a living and send money home, is a dream for Kenyans.

Her lifestyle here has included watching American reality TV shows, taking a shopping trip in Las Vegas, listening to gospel music and attending church on weekends.

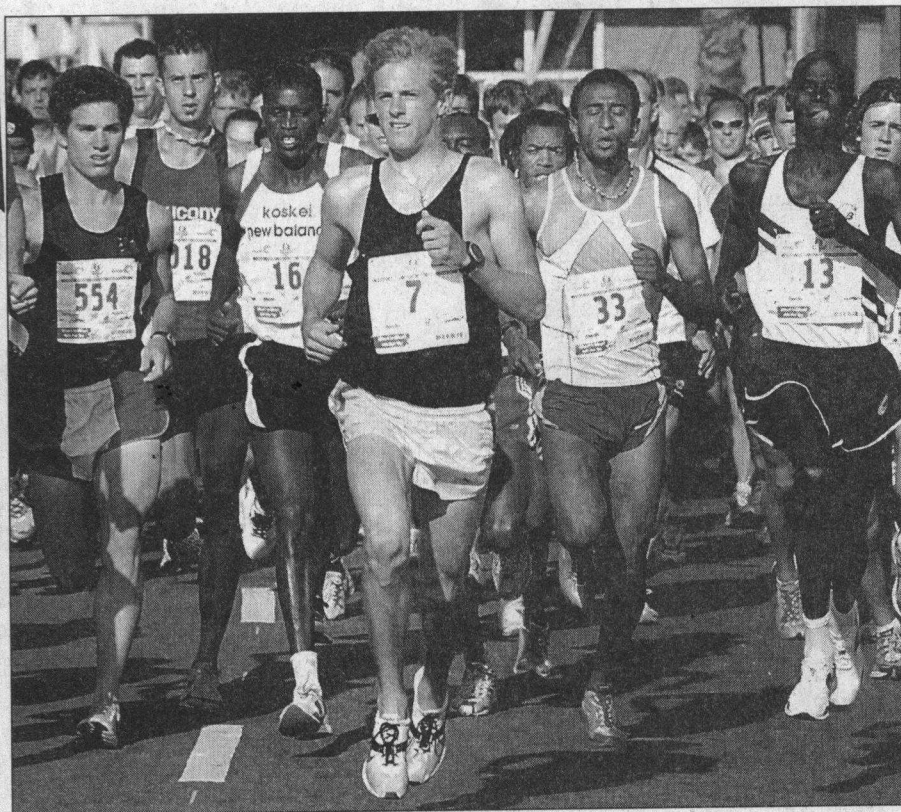
felt more at home this time around. "It's always an honor. Last year I'd only lived here a few weeks. This year, I felt more like a local. I saw more people I knew along the course," said Van Rooyen.

Alemtsehay Misganaw, of Ethiopia, was third, collecting \$1,000.

And although her eyes lit up when describing Santa Cruz — "Ohhh, sooo nice!" — she's a little homesick.

"I miss my parents," Jelagat said. Sometimes it's lonely out in front.

Contact Tom Moore at tmoore@santacruzsentinel.com.



Brett Gotcher of Aptos, the top local finisher Sunday, had a very shortlived few seconds in the lead during the 34th running of the Wharf to Wharf. Gotcher promises to be more competitive next year.

Shmuel Thaler/
Sentinel

Men

Continued from Page B1

countryman, Mohamed Fadil, filled in at third in 27:13.

Brett Gotcher of Watsonville stretched his streak of top-local-finisher awards to six in a row by placing 12th in 29:18.

Just steps behind the leaders were the next five runners — remnants of a clump who stuck together well past the 5-mile marker but were dropped when Harroufi and Kiptoo made a break.

"The guys are very tough," Kiptoo, 29, said of the field, which included six Kenyans, two Moroccans, an Ethiopian and a South African. "The time was very fast."

While they didn't touch the record — 26:42 set by Lameck Aguta in 1992 — both Harroufi and Kiptoo said they set personal records in the race. Gotcher, who runs for Stanford, said the 4:37 pace run by the lead pack in the first mile was a little much for him after just three weeks training. He dropped out of the lead group about a quarter mile later as the pack stormed up the East Cliff Drive hill next to the San Lorenzo River.

At that point, Gotcher, 20, decided to enjoy the race's sights and sounds for what might be the last time in a long time. He plans on kicking off a professional racing career with next summer's Wharf to Wharf after he graduates next spring.

"I looked and saw there were no locals ahead of me, so I decided to enjoy it for a while," he said. "I'll show them something next year."

Kiptoo couldn't remember seeing any of the bands or even the spectacular ocean stretch near Pleasure Point during the race. He had too many other things to focus on: breathing, staying on his feet and keeping pace with the other runners, par-

ticularly the Moroccans.

Kiptoo knew from the start the Moroccans might give him trouble. He had raced against Fadil in two other races and beaten him by margins of 1 and 5 seconds. He hadn't raced against Harroufi, but expected a similar performance.

That's exactly what he got.

For much of the race, the trio hung back, dragging off lead runners Julius Kibet Kosgei and Ernest Meli Kimeli, both first-time Wharf to Wharf racers from Kenya. The runners exchanged elbows and leads, but no one broke away from the pack until it reached the top of the long downhill into Capitola. Then Kiptoo and Harroufi turned on the speed, with Fadil close behind. The two frontrunners went neck and neck until about 100 yards from the finish, when Harroufi moved ahead and tentatively started his victory celebration.

"I was hoping to win it. It's somewhat frustrating," Kiptoo said. "I got money, that's nice, but my intention was to win it."

Kiptoo gets \$2,000 for his trouble — about two times the per capita income in Kenya — and will use it to support himself as he trains for his first marathon in October. Fadil takes home \$1,000. Harroufi's winning purse of \$3,000 will go toward his living expenses as he prepares to get his green card and make the United States his permanent home, his manager said.

Adding some more padding to his bank account would be incentive to come back next year. But Harroufi said he won't need another reason.

"He'll be back," Guermali said for Harroufi. "One of the biggest things is, this is where he won his first U.S. race. So, he'll definitely be back."

For any other runner hoping to win next year, that's no cause for celebration.

Contact Julie Jag at jjag@santacruzsentinel.com.

100 CLYDE MATSUMURA SANTA CRUZ 35:02

MEN'S RECORD: LAMECK AGUTA, 1992, 26:42
2005 WINNER: WILSON KIGEN, 27:36
2004 WINNER: SHADRACK KOSGEI, 27:51

TOP 100 WOMEN'S FINISHERS

| PL | NAME | HOMETOWN | TIME |
|-----|---------------------|----------------|-------|
| 1 | JEMIMA JELAGAT | KENYA | 31:07 |
| 2 | TATYANA CHULAKH | RUSSIA | 31:39 |
| 3 | ALEMTSEHAY MISGANAW | ETHIOPIA | 32:12 |
| 4 | NATALIA BELOVA | RUSSIA | 32:15 |
| 5 | MALIKA MEJDOUB | MOROCCO | 34:07 |
| 6 | KARIN VAN ROOYEN | SANTA CRUZ | 34:34 |
| 7 | TRINA COX | SANTA ROSA | 34:41 |
| 8 | SARNA BECKER | BREMERTON | 34:41 |
| 9 | COSETTE SMITH | SAN FRANCISCO | 35:15 |
| 10 | REBECCA YAU | ORINDA | 35:29 |
| 11 | KATHRYN LEE | DANVILLE | 35:44 |
| 12 | CAROLINE ANNIS | SAN FRANCISCO | 36:06 |
| 13 | ELIZABETH MAYEDA | APTOS | 36:47 |
| 14 | DANA JONES | DANVILLE | 36:59 |
| 15 | CHRISTINE KENNEDY | LOS GATOS | 37:49 |
| 16 | LISA RENTERIA | LOS GATOS | 37:56 |
| 17 | LAURA HOME L | SANTA CRUZ | 37:58 |
| 18 | TIFFANY HALL | VACAVILLE | 38:06 |
| 19 | KATRIN TOBIN | SANTA CRUZ | 38:11 |
| 20 | LAURA SCHMITT | KENTFIELD | 38:12 |
| 21 | CATHERINE DUBAY | SANTA ROSA | 38:12 |
| 22 | KATHERINE BLOEMKER | OVERLAND PARK | 38:27 |
| 23 | MARIA TRUJILLO | LOS GATOS | 38:36 |
| 24 | KIMBERLY HAMMETT | SAN JOSE | 38:50 |
| 25 | SARAH KUMMERFELD | PALO ALTO | 38:56 |
| 26 | JOANIE CAREW | LOUISVILLE | 39:02 |
| 27 | ALI PEARSON | DENAIR | 39:04 |
| 28 | JACKIE MCCLEARY | LOS GATOS | 39:12 |
| 29 | KAYLIN PENNINGTON | BENICIA | 39:16 |
| 30 | LORNA THOMSON | SAN FRANCISCO | 39:21 |
| 31 | ERIN LEIGH | LOS GATOS | 39:29 |
| 32 | TAMARA TORLAKSON | SANTA CRUZ | 39:32 |
| 33 | EVELYN REED | MORGAN HILL | 39:33 |
| 34 | HEIDI SCHENONE | SAN JOSE | 39:35 |
| 35 | KAREN RIBBLE | SAN FRANCISCO | 39:37 |
| 36 | ANGELA MATTHEWS | SACRAMENTO | 39:39 |
| 37 | ROXANNE TOWNE | CHICO | 39:41 |
| 38 | RENEE STRIBLING | LIVERMORE | 39:45 |
| 39 | KIMBERLY CLOUD | TURLOCK | 39:53 |
| 40 | LINSEY HANSEN | ANTIOCH | 40:06 |
| 41 | AISHA KAMALA | CHICO | 40:11 |
| 42 | JENNY PERHAM | WALNUT CREEK | 40:15 |
| 43 | MICHELLE RUIZ | LOS ALTOS | 40:20 |
| 44 | AMBER GORDON | FLAGSTAFF | 40:25 |
| 45 | TERESA CLARK | PORTOLA VALLEY | 40:29 |
| 46 | KAITLIN GREGG | DAVIS | 40:33 |
| 47 | LINDSAY ALLEN | MARTINEZ | 40:33 |
| 48 | KRISTIN GALLUP | SAN FRANCISCO | 40:34 |
| 49 | RACHEL ATCHLEY | RENO | 40:35 |
| 50 | MONICA NICHOLSON | CAPITOLA | 40:40 |
| 51 | BETH BOURNE | MENLO PARK | 40:45 |
| 52 | HELENA WALDEN | SAN BRUNO | 40:46 |
| 53 | JANET YIU | SAN JOSE | 40:49 |
| 54 | CHRISTY COWLEY | LOS GATOS | 40:50 |
| 55 | CARRIE MANGIAPANE | SACRAMENTO | 40:54 |
| 56 | CAROLYN JAEGER | BERKELEY | 40:57 |
| 57 | SARAH RANKIN | MENLO PARK | 40:58 |
| 58 | CHERYL WOLFLEY | MODESTO | 41:00 |
| 59 | LINDSEY FITCH | SOQUEL | 41:03 |
| 60 | MEREDITH MILLS | PALO ALTO | 41:05 |
| 61 | COURTNEY STEWART | FRESNO | 41:08 |
| 62 | ASHLEY STALZER | OAK PARK | 41:09 |
| 63 | ANNE GOSCH | CARMEL | 41:10 |
| 64 | CRISTA PHILLIPS | REDDING | 41:11 |
| 65 | DEBORAH LEALE | SAN JOSE | 41:12 |
| 66 | TERESA GILL | APTOS | 41:21 |
| 67 | DANIELLE ZELINSKI | SAN JOSE | 41:24 |
| 68 | ELISA MARIE MAGUIRE | FRESNO | 41:30 |
| 69 | KIM O'MALLEY | SANTA CRUZ | 41:32 |
| 70 | TERESA CLAYTON | WATSONVILLE | 41:43 |
| 71 | CHRISTINA WILK | SCOTTS VALLEY | 41:47 |
| 72 | GABRIELLE PROCHASKA | SANTA CRUZ | 41:48 |
| 73 | ASHLEIGH NEBEKER | MILPITAS | 41:52 |
| 74 | CARLA HOLMES | LOS ALTOS | 41:57 |
| 75 | KATY HAYNES | PALO ALTO | 42:01 |
| 76 | RAMONA YOUNG | WATSONVILLE | 42:04 |
| 77 | KAY LUO | MOUNTAIN VIEW | 42:07 |
| 78 | VAL WALTERS | SOQUEL | 42:09 |
| 79 | ANNA SLATTERY | TIBURON | 42:12 |
| 80 | KELSEY JOHNSON | SANTA CRUZ | 42:13 |
| 81 | HONOR FETHERSTON | LOS GATOS | 42:15 |
| 82 | NITA THORESON | DAVIS | 42:15 |
| 83 | JULIE ROHLFF | LOS GATOS | 42:25 |
| 84 | ERIN WYNER | MEDFORD | 42:28 |
| 85 | CHERYL SHEREMETA | LA JOLLA | 42:30 |
| 86 | MARIA SOSA | SAN JOSE | 42:34 |
| 87 | CARMEL BENSON | SANTA CRUZ | 42:40 |
| 88 | JENNIFER KERWIN | SAN JOSE | 42:40 |
| 89 | KAREN SAXENA | PALO ALTO | 42:47 |
| 90 | KARI SERVER | SAN JOSE | 42:48 |
| 91 | ELLEN WALLACE | SUNNYVALE | 42:49 |
| 92 | LINSEY HANSEN | ANTIOCH | 42:56 |
| 93 | TRINITY MAGAS | SANTA CRUZ | 43:15 |
| 94 | MELISSA GARCIA | TURLOCK | 43:17 |
| 95 | ANN ELAM | MANTECA | 43:20 |
| 96 | SARA COHEN | SOQUEL | 43:26 |
| 97 | SUSAN DREIHaupt | LAS VEGAS | 43:27 |
| 98 | MARY JANE VIDOVICH | CARMEL | 43:29 |
| 99 | ERIN MURPHY | SANTA CRUZ | 43:30 |
| 100 | BIANCA MELCHOR | RIVERBANK | 43:31 |

WOMEN'S RECORD: ESTHER KIPLAGAT, 2002: 30:42
2005 WINNER: SALLY BARSOIOS, 31:17
2004 WINNER: KIM FITCHEN-YOUNG, 32:12