

WHARF TO WHARF 2005

'This year is better'

Kigen prevails in another sprint to finish

Wharf to Wharf

7-25-05



Wilson Kigen, right, gets a step on Julius Kiptoo in the sprint to the Wharf to Wharf's finish in Capitola.

Shmuel Thaler/Sentinel photos

WOMEN

Barsosio pulls away

By JULIE JAG
SENTINEL STAFF WRITER

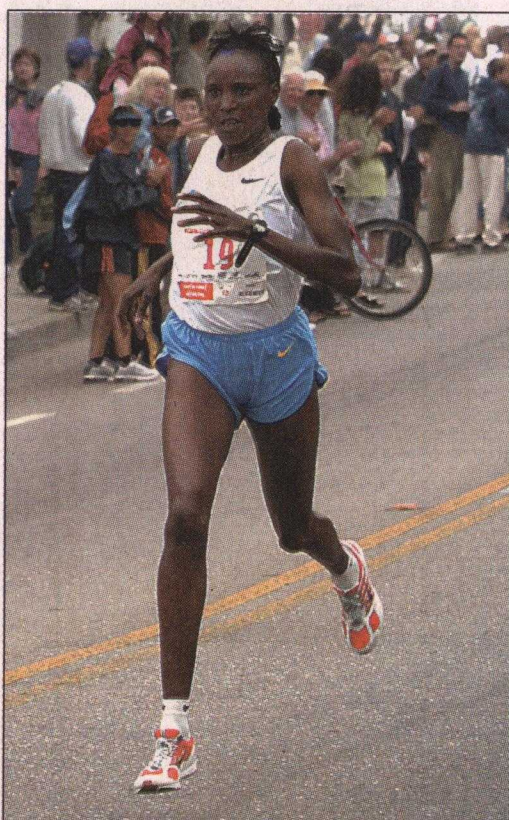
CAPITOLA — When Sally Barsosio signed up to run Sunday's 33rd annual Wharf to Wharf, she wasn't exactly sure what a wharf was. So, during her short stay in town Saturday, the Kenyan runner made a point of finding out by going out onto the Capitola Wharf and looking around.

It was a good thing she did since Barsosio ran the six miles from the one in Santa Cruz to the one in Capitola so quickly that, had she waited, they would have been nothing but blurs.

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'I had to know what the meaning of this Wharf to Wharf is. Now I know.'

SALLY BARSOSIO



Women's winner Sally Barsosio, from Kenya, strides to the finish in Capitola with a time of 31 minutes, 17 seconds.

MEN

Dramatic conclusion

By RYAN PHILLIPS
SENTINEL STAFF WRITER

CAPITOLA — For the second year in a row in the Wharf to Wharf men's race, two Kenyans were neck and neck as they crossed the finish line. And just like last year, Wilson Kigen was one of them.

This year, however, Kigen was the one in front.

Kigen and countryman Julius Kiptoo broke away from a dwindling pack of runners around the 5-mile mark, and ran shoulder to shoulder the rest of the way. Kigen appeared to be ahead by an eyelash as the runners barreled down the final hill toward the finish line in the Capitola Village.

A photo-finish confirmed that Kigen crossed the line first, finishing with a time of 27 minutes, 36 seconds. Kiptoo finished in second, with an official time of 27:37. James Carney of Marina and Kenyan Joshua Kemei crossed the finish line at the same time, with some confusion, and tied for third.

Kigen earned a winner's check of \$3,000, Kiptoo \$2,000. Kemei and Carney each received \$1,000 in prize money.

See **MEN** on **PAGE D2**

WHARF TO WHARF 2005



Shmuel Thaler/Sentinel

Two-time champion Kim Fitchen-Young gets a hug from a friend near the starting line Sunday after informing race officials that a back injury would keep her from competing this year.

Women: Injury sidelines champ

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"I had to know what the meaning of this 'Wharf to Wharf' is," she said. "Now I know."

Barsosio won the women's race, and its \$3,000 prize, in 31 minutes, 17 seconds. At just under 5:20 per mile, it was the third-fastest 6-mile time for a woman in race history. Amy Yoder Begley of Albuquerque, N.M., took second in 32:00 and Russia's Victoria Klimina finished third in 32:10.

The race record stands at 30:42, run by Kenyan Esther Kiplagat in 2002.

Notably absent from the women's field was defending two-time champion Kim Fitchen-Young. Had she won, Fitchen-Young of Santa Cruz, would have become the race's first consecutive three-peat champion. Her previous wins were in 31:19 in 2003 and 32:12 in 2004. But back pain, which had already caused her to skip June's USA Outdoor Track and Field Championships, made her drop her pursuit at the last minute.

Fitchen-Young said she awoke Sunday morning ready to run, but the pain never backed down. When she told her coach, he suggested she to withdraw from the race.

"My mind was willing, but my body wasn't," Fitchen-Young said at the starting area in front of the Beach Boardwalk, where she'd come to notify race officials and a few friends of her decision.

Up-and-coming runner and new Santa Cruz resident Karin van Rooyen took Kim Fitchen-Young's spot as the top local. In van Rooyen's first professional road race, the former Southern Methodist University runner placed fourth in 32:22.

A native of South Africa, van Rooyen said she fed off her new hometown crowd and the race atmosphere.

"I'd get loose in my rhythm, and then one of the bands would play a song, and I'd be like, 'OK!'" she said.

Even healthy, it would have been difficult for Fitchen-Young to catch Barsosio.

Barsosio went out with the fleet pack of elite men, finishing the first mile in close to 4:50. She spent the rest of the race checking to make sure no women had caught her. As is becoming to norm for Barsosio, a three-time Olympian, they hadn't.

"When I looked back, I would just see from heads to legs — no women," said Barsosio, who already this year

has won the Utica (N.Y.) 15-kilometer race and placed second in the hot, humid and competitive Peachtree 10k in Georgia.

Klimina, who finished fifth at Peachtree, knew the race would be tough when she saw Barsosio's name on the list of entrants. It got even tougher when she started getting a side cramp around Mile 4. That's when Begley made her move, passing Klimina and Kenyan Eunice Kirwa to secure second. At that point, she already had a feeling first place was out of reach.

"I just tried to hold my lead for second," she said.

Though she missed the record mark, Barsosio said she liked her time.

"I feel like I am improving," she said.

It shouldn't take too long for her to reach her peak. After all, it only took one weekend for Barsosio to learn the definitions wharf and success.

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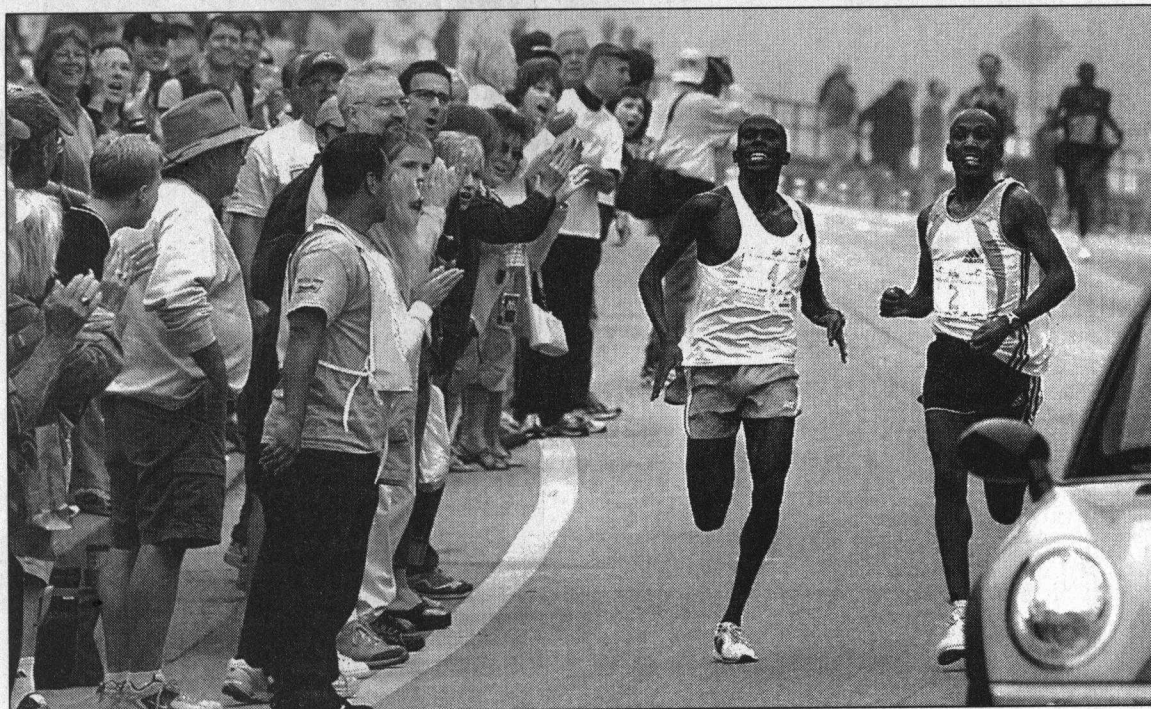
TOP 100 WOMEN

Place	Name	City/Country	Time
1	SALLY BARSOSIO	KENYA	31:17
2	AMY YODER BEGLEY	ALBUQUERQUE	32:00
3	VICTORIA KLIMINA	RUSSIA	32:11
4	KARIN VAN ROOYEN	SANTA CRUZ	32:23
5	JILL BOAZ	LOS OSOS	33:26
6	CHRIS LUNDY	SAUSALITO	33:48
7	EUNICE KIRWA	KENYA	33:59
8	MEGAN DALY	PALO ALTO	34:03
9	K. BERTRAND	GILROY	34:23
10	D. BERGMANN	EUREKA	35:13
11	MARY MALETA	SOQUEL	35:18
12	HEATHER TANNER	PALO ALTO	35:28
13	CATHERINE DUBAY	SANTA ROSA	35:33
14	TORI TYLER	LOS ALTOS	35:37
15	M. GALLAGHER	DALY CITY	35:55
16	KARA JUNE	CLOVIS	35:59
17	TRINA COX	SANTA ROSA	36:02
18	MARIA TRUJILLO	LOS GATOS	36:13
19	ELIZABETH MAYEDA	APTOS	36:52
20	YVONNE LUND	CAMPBELL	37:05
21	SUE JELLEY	LOS ALTOS	37:07
22	DINA ROSENTHAL	SAN JOSE	37:11
23	JANET WESTPHAL	PALO ALTO	37:14
24	JULIE ROHLOFF	LOS GATOS	37:23
25	KATHARINE BATH	CAPITOLA	37:28
26	BECCA DOANE	WALNUT CREEK	37:40
27	KATRIN TOBIN	SANTA CRUZ	37:41
28	ROXANNE TOWNE	CHICO	37:42
29	DALLASE SCOTT	CARNELIAN BAY	37:48
30	A. HERNANDEZ	WATSONVILLE	37:52
31	TERESA CLARK	PORTOLA VALLEY	37:54
32	MARITZA GARCIA	RIVERBANK	37:56
33	McKAYLA PLANK	LOS GATOS	37:56
34	HEIDI SCHENONE	CAMPBELL	38:00
35	ANGELA MATTHEWS	SACRAMENTO	38:01
36	DANIELLE ZELINSKI	SAN JOSE	38:13
37	LORNA THOMSON	SAN FRANCISCO	38:15
38	SUZANNE SEGESTA	REDWOOD CITY	38:15
39	JODI DAILEY	SAN FRANCISCO	38:19
40	KRISTINE SHEDD	DAVIS	38:22
41	KIMBERLY CLOUD	TURLOCK	38:24
42	SHANNON CODY	REDWOOD CITY	38:27
43	MICHELLE RUIZ	LOS ALTOS	38:34
44	EVELYN REED	MORGAN HILL	38:34
45	DIANA HARLICK	REDWOOD CITY	38:38
46	RENEE STRIBLING	LIVERMORE	38:43
47	TRACI MITCHELL	CAMPBELL	38:43
48	HELENA WALDEN	SAN JOSE	38:50
49	KAREN RIBBLE	SAN FRANCISCO	38:51
50	LEA NIBUR	COARSEGOLD	38:51
51	M. HANNAFORD	IGO	38:52
52	JANET SMITH	SAN JOSE	38:59
53	K. BARNHOLT	LOS ALTOS HILLS	39:05
54	JOANIE CAREW	LOUISVILLE	39:07
55	LISA TATSUNO	SANTA CRUZ	39:08
56	ERIN LEIGH	LOS GATOS	39:15
57	RAMONA YOUNG	WATSONVILLE	39:18
58	LAURA SCHMITT	KENTFIELD	39:26
59	NICOLE TETER	REDWOOD CITY	39:31
60	KATIE NAST	SARATOGA	39:35
61	NATALIE SILVERMAN	DAVIS	39:40
62	ALICIA DOLAN	PLEASANTON	39:46
63	TERESA O'BRIEN	SAN FRANCISCO	39:53
64	ANNE GOSCH	CARMEL	39:56
65	EMILY TREXEL	APTOS	39:58
66	MO BARTLEY	COOL	39:59
67	TERESA GILL	APTOS	40:03
68	H. FETHERSTON	LOS GATOS	40:04
69	G. PROCHASKA	SANTA CRUZ	40:07
70	TRACY VILLANO	PACIFIC GROVE	40:19
71	KIMBERLY THOMAS	SANTA CRUZ	40:24
72	KAREN SAXENA	PALO ALTO	40:25
73	DEBORAH LEALE	SAN JOSE	40:26
74	SILVER LUMSDAINE	FAIRFAX	40:29
75	MICHELLE JUNE	FRESNO	40:31
76	SHELBY BURRUS	MILPITAS	40:31
77	BROOKE MURPHY	SAN FRANCISCO	40:32
78	ANNA SLATTERY	TIBURON	40:36
79	JVAN AUSDALL	LA SELVA BEACH	40:40
80	STACY MORGAN	PIEDMONT	40:42
81	CHRISTY COWLEY	LOS GATOS	40:44
82	MARIA SOSA	SAN JOSE	40:49
83	AMBER GORDON	FLAGSTAFF	40:50
84	LINDSEY FITCH	SOQUEL	40:57
85	MEGHAN HUNT	LA SELVA BEACH	41:02
86	MONIQUE SILVA	APTOS	41:03
87	JANET YIU	SAN JOSE	41:05
88	MEGAN WILLIAMS	SAN FRANCISCO	41:05
89	BIANCA MELCHOR	RIVERBANK	41:06
90	KERRI PATTERSON	SOMERVILLE	41:08
91	MELLIE REGALADO	ANTIOCH	41:10
92	J. DEVLACHOVICH	BEN LOMOND	41:11
93	KIRSTEN KEMPE	MOUNTAIN VIEW	41:17
94	ANGELA TANGHETTI	SACRAMENTO	41:24
95	LINDA HYMAN	SAN JOSE	41:25
96	MICHELLE CLINE	SAN JOSE	41:26
97	CHRISTINA WILK	SCOTT'S VALLEY	41:27
98	SUSAN DREIHAUPT	LAS VEGAS	41:34
99	JENNIFER KERWIN	LOS GATOS	41:34
100	LUIISA GOMES	SANTA CLARA	41:35

TOP 100 MEN

Place	Name	Country/City	Time
1	WILSON KIGEN	KENYA	27:36
2	JULIUS KIPTOO	KENYA	27:37
3	JAMES CARNEY	MARINA	27:48
3	JOSHUA KEMEI	KENYA	27:48
5	WILSON KOMEN	KENYA	28:07
6	PETER GILMORE	SAN MATEO	28:31
7	BRETT GOTCHER	WATSONVILLE	28:54
8	JEFF GARDINA	SANTA ROSA	29:02
9	BRAD POORE	HILLSBOROUGH	29:21
10	LIKHAYA DAYILE	SOUTH AFRICA	29:24
11	KEVIN KOEPER	PASADENA	29:26
12	JAKE SCHMITT	KENTFIELD	30:00
13	JARED SCOTT	HILLSBOROUGH	30:27
14	BRANDON COLLINS	SAN LUIS OBISPO	30:29
15	AVERY BLACKWELL	MENLO PARK	30:37
16	TOM MCGLYNN	BELMONT	30:47
17	JACOB EVANS	WATSONVILLE	30:55
18	JEREMY REDDING	EAGLE	30:59
19	HARLAN LOPEZ	WALNUT CREEK	31:10
20	JEFFREY LEASE	STOCKTON	31:13
21	DARYL ZALAN	ORINDA	31:14
22	SEAN MARZOLF	LODI	31:22
23	MICHAEL ATWOOD	SAN LEANDRO	31:27
24	WAYNE HOPP III	SAN JOSE	31:35
25	JEFF JACOBS	FAIRFAX	31:45
26	ALAN JACKSON	LOS GATOS	31:52
27	JIMMY JR. ELAM	MANTECA	31:53
28	MARCOS CORONA	SAN JOSE	31:56
29	NICK FILL	SAN JOSE	32:06
30	KERRY BURNS	SOMIS	32:06
31	JOSE P. AISPURO	FREEDOM	32:07
32	GARY TOWNE	CHICO	32:08
33	TIMOTHY NAYLOR	LOS GATOS	32:12
34	D. FLYNNPERRAULT	LAFAYETTE	32:13
35	BJORN BOSTROM	DANVILLE	32:14
36	CHRISTIAN HESCH	MORRO BAY	32:15
37	CHRIS O'NEAL	SAN JOSE	32:16
38	LEO ALAPONT	LOS GATOS	32:17
39	JAIME HEILPERN	SANTA CRUZ	32:28
40	RUSS MARTIN	LOS GATOS	32:29
41	R. RAMIREZ	SAN JOSE	32:31
42	NICK CLINTON	SAN JOSE	32:33
43	JEFF GILL	APTOS	32:51
44	STEVEN CHAVEZ	SAN RAMON	32:52
45	GARY BLANCO	CHICO	32:52
46	JEFF HONGO	CAMPBELL	32:53
47	ANDREW DIXON	SAN RAMON	32:54
48	KELI PARKER	WATSONVILLE	32:55
49	DANIEL FILIP	SAN JOSE	32:57
50	STEVEN GARZA	SAN FRANCISCO	32:58
51	JAVIER NARANJO	SOQUEL	33:00
52	KLAPHOLZ-BROWN	STANFORD	33:05
53	ALEX GONZALEZ	SAN JOSE	33:06
54	JOSE ANGUIANO	ROHNERT PARK	33:07
55	PHILIP WEST	MENLO PARK	33:08
56	AARON FELDMAN	CAPITOLA	33:16
57	JOSE OCHOA	SANTA CLARA	33:16
58	NICHOLAS OHLER	EL CERRITO	33:18
59	CLINTON HAYES	RICHMOND	33:26
60	AARON JACOBSEN	SANTA CRUZ	33:27
61	KENNETH WILNER	BELMONT	33:34
62	JEFF OBERLATZ	SACRAMENTO	33:42
63	D. BETTENCOURT	APTOS	33:44
64	C. FURNARI	SAN MATEO	33:44
65	SCOTT BOLIN	COARSEGOLD	33:46
66	M. ABDALLA	SAN JOSE	33:47
67	CHATHAM ROSS	ALAMEDA	33:49
68	HOLLERAN	SAN RAFAEL	33:53
69	ERIC MASTALIR	SAN FRANCISCO	33:54
70	DUSTIN MARZOLF	CLOVIS	33:54
71	DAVID JONES	DANVILLE	33:55
72	ALVAREZ-BAUTISTA	WATSONVILLE	33:58
73	D. PETERMAN	SAN JOSE	34:02
74	ROB NAST	SARATOGA	34:04
75	E. VALDOVINOS	SALINAS	34:05
76	M. MATTHEWS	SAN JOSE	34:08
77	ANDREW NOWELL	EMERALD HILLS	34:09
78	J. CHAUDOIN	SAN JOSE	34:10
79	TREVOR KNAPP	PALO ALTO	34:11
80	SAM LICCARDO	SAN JOSE	34:12
81	IAN BLAIR	ALEXANDRIA	34:12
82	ANDREW BUYSSE	LOS ALTOS	34:13
83	ALEX DOWDELL	LITTLETON	34:14
84	JAIME LOPEZ	SALINAS	34:15
85	C. CAROTHERS	WATSONVILLE	34:22
86	C. MATSUMURA	SANTA MONICA	34:24
87	GAVIN HOCH	LAFAYETTE	34:30
88	JOEL BUSCHECK	ORINDA	34:32
89	ROBERT PICKENS	CAMPBELL	34:34
90	DANIEL TAPIA	CASTROVILLE	34:37
91	DAN ZULAICA	SOQUEL	34:43
92	PATRICK RAINEY	ROCKLIN	34:46
93	JEFF KIRK	N.A.	34:48
94	DAVE GILBERT	VENTURA	34:51
95	M. MUMENTHALER	PALO ALTO	34:51
96	GRADONE-ROGERS	WATSONVILLE	34:52
97	MIKE HIGGINS	SANTA MONICA	34:54
98	KA SHING LAU	SAN JOSE	34:55
99	TOSHIYUKI OKUGI	PALO ALTO	34:56
100	JOHN MARTIN	SAN JOSE	34:59

MEN'S RECORD: LAMECK AGUTA, 1992, 26:42
 2004 WINNER: SHADRACK KOSGEI, 27:51
 2003 WINNER: PATRICK NTHIWA: 27:35



Shmuel Thaler/Sentinel photos

Wharf to Wharf leaders Wilson Kigen, right, and Julius Kiptoo sprint down the hill.

Men: Gotcher leads local finishers

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"I knew someone was beside me on the downhill," said Kigen, a 25-year old. "I tried to look, but I didn't see (who it was)."

Kiptoo, 28, made a move to pass Kigen during the downhill sprint.

"I tried to push but I was still feeling that he was strong," Kiptoo said. "I wanted to see how he was breathing, if he was trying to protect. I was still feeling energy towards the line."

Brett Gotcher of Watsonville was the top Santa Cruz County finisher, coming in seventh place, with a time of 28:54.

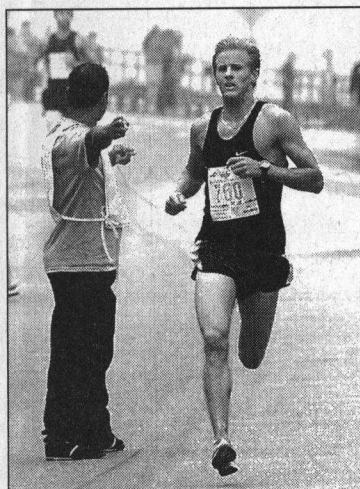
Last year, Kigen was edged by Shadrack Kosgei in the closest finish of the Wharf to Wharf's 32-year history.

"This year is better," Kigen said with a smile. "It was familiar."

Kigen is currently No. 98 in world race ranking. He placed in fifth at the Peachtree 10k in Atlanta on the Fourth of July, the final leg of the The Professional Road Running Organization's Triple Crown of Road Racing.

Kigen and Kiptoo were part of a lead group that tapered off from about 20 at the first mile mark, to four with just under two miles left.

Wilson Komen, the third place finisher last year, led a pack of nine runners just before the two-mile mark on the rolling hills of Seabright Ave., with James Carney of Marina right on his heels. The lead group had a 4:41 split through



Aptos High graduate Brett Gotcher cruises to the finish line as the top Santa Cruz County finisher at seventh place. Gotcher has been the county's top finisher for the past five years. He is somewhat consistent. He also finished seventh last year with exactly the same time, 28:54.

the first two miles, and a 4:51 split for the third mile.

The group began to pick it up during the next mile, at which time Gotcher began to drop off. The leaders had a 4:32 split for the fourth mile.

"I stayed with them until the three-mile mark," said Gotcher, an Aptos graduate who runs cross country and track for Stanford.

"That's the plan — to hang with them as long as you can."

Gotcher said he wasn't in great shape. He took two weeks off after the track season ended, and is in his third week back training.

"I was scared going in to it because I didn't know what kind of shape I was in," Gotcher said. "But at the same time, I wanted to see what I could do. It came out well. It was a successful day."

The leading group of six runners was reduced by two more during the fourth mile. Komen and Peter Gilmore of San Mateo, who each led the race at one time, fell off the lead pack during the second hill of the race, past the Santa Cruz harbor heading towards 24th Ave.

Kiptoo said the plan was to make a move right then.

"On the road, there are no pace-makers," Kiptoo said. "I wanted to stay behind the pack, and use a tactic of when they run, stay with them, and get a chance to go past them in the last two miles."

Kiptoo and Kigen broke away from the final group of Kenyan Joshua Kemei and Peter Gilmore of San Mateo at the five-mile mark, and did not separate until after the race was over.

After the race, Kigen strolled around the finish area, waving his arms and bouncing around as if he hadn't just raced.

"I'm still fresh," he said.

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