## CAFE GOURMET MENU

## **Hot Dishes**

| Hot Disnes  |                     |
|---|---------------------|
| TURKEY SOUP  Turkey broth, vegetables, barley CHICKEN A LA CRUZ (Daily)  Chicken a supplies to be to                    | .40<br>.20<br>1.75  |
| Chicken-mushroom-rice bake<br>MOCK RAVIOLI (Thursday & Saturday)<br>Tasty Spinach-cheese filling<br>layered in Macaroni | 1.75                |
| ITALIAN SAUSAGE IN "TORTIERA" (Friday) Italian sausage in mildly seasoned baby lima beans                               | 1.75                |
| ZUCCHINI-HAM DELIGHT (Sunday) Cole Slaw and French Bread served with all Hot Dishes                                     | 1.75                |
| Sandwiches  |                     |
| Served with Cole Slaw   |                     |
| CORNED BEEF on RYE TURKEY   | 1.15<br>1.15<br>.65 |
| EGG SALAD<br>ECOLOGY SANDWICH   |                     |
| Chopped bean sprouts, cheese, walnuts   | 1.25                |
| Salads  |                     |
| Served with Buttered French Bread   |                     |
| TURKEY-GREEN GRAPE<br>FRUIT — with Cottage Cheese   | 1.50<br>1.50        |
| Fresh and canned — special dressing   |                     |
| CRAB-FILLED AVOCADO CRAB SALAD — on Bed of Lettuce  | 1.80                |
| Desserts  |                     |
| PIE   | .25                 |
| CAKE  | .25                 |
| ICE CREAM CUP   | .15                 |
| Drinks  |                     |
| ICED TEA .15 TEA  | .10                 |
| COFFEE .10 MILK ICED SOFT DRINKS Small  | .10                 |

(Coke, Orange, Sprite)

(All foods served in the Cafe Gourmet are prepared

by YWCA Volunteers.)

.20

Large

## YWCA

At work in some 80 countries of the world on every continent, YWCAs are making their presence felt by their efforts to be open communities of different kinds of people working for a common purpose. The patterns of work, though varied, all have basic elements in common: the determination to help women and girls fulfill their potential as self-reliant, confident human beings; the recognition that all YWCAs, while working within differing social systems, can and do change in response to changing society.

"Come As You Are" is the YWCA's way of saying that ALL women and girls coming together in diversity AND similarity is what gives the Y its strength. The YWCA welcomes all economic, racial, occupational, religious, and cultural backgrounds; young and old; the sharing of individual needs and concerns; the sharing of life-styles.

Program and services offered at the Santa Cruz YWCA include classes in crafts and homemaking skills, exercise and physical fitness; interest groups studying institutional racism, how to raise a family on as little as possible, and the concerns of new mothers; social action groups interested in welfare, tenants' rights, ending the war and building peace; multi-cultural programs for children and adults. Come as YOU are to the Santa Cruz Y.W.C.A.!

Santa Cruz 426-3062

Member of the United Fund

FLOWERS AND PLANTS ARE COMPLIMENTS
OF THE SANTA CRUZ GARDEN CENTER

## Show Sale ANTIQUES

Home Tour



AUGUST 3-4-5-6, 1972

CIVIC AUDITORIUM

Santa Cruz, California

24th ANNUAL YWCA SPONSORED

All Items on Display Are For Sale

 TREASURE TRUNK 403B Trout Gulch Road Aptos, Calif. 95003

2. BUSTE'S ANTIQUES 1110 - 3rd Street Atwater, Calif. 95301

3. JEANNE DAVIS ANTIQUES 140 West Main Street Los Gatos, Calif. 95030

**4. MEMORY SHOP ANTIQUES** 5861 Auburn Boulevard Sacramento, Calif. 95841

5. THE BAGATELLE 1004 Tenth Street Sacramento, Calif. 95814

 THE THREE CABOOSES
 Prescott at Cannery Row Monterey, Calif. 93940

7. ARABELLA'S ANTIQUES 6061 North Blackstone Fresno, Calif. 93705

8. L. H. SELMAN ANTIQUES 23 White Street San Francisco, Calif. 94109

9. GRAMP'S ANTIQUES 113 East Harvard Glendale, Calif. 91205 10. BEE'S ANTIQUES 307 - 1st Street Benicia, Calif. 94510

11. THE LAMP POST ANTIQUES 8312 East 11th Street Tulsa, Oklahoma 74112

12. KAY SHERIDAN 108 Santa Cruz Avenue Los Gatos, Calif. 95030 539 Bridgeway Sausalito, Calif.

14. SCHOENLANK'S RESPA CO. 8260 Oak Ben Lomond, Calif. 95005

15. BESSE ANTIQUES 140 West Main Street Los Gatos, Calif. 95030

16. JUDITH SHOPTAW ANTIQUES 41 East Main Street Los Gatos, Calif. 95030

17. JEAN MANGAN ANTIQUES
41 East Main Street
Los Gatos, Calif. 95030

WEBB'S ANTIQUES
 49 North Santa Cruz Avenue
 Los Gatos, Calif. 95030

 SILVER ANTIQUE SHOP 1027 University Avenue Berkeley, Calif. 94710 22. STITCH IN TIME ANTIQUES 1821 Solano Avenue Berkeley, Ca. 94707

23. OLD COURTHOUSE ANTIQUES 37702 - 2nd Street Fremont, Calif. 94536

24. OLD TOWN ANTIQUES
P.O. Box 333
North Fork, Calif. 93643

25. TRIFLES & TREASURES
305 Montecito Drive
Corte Madera, Calif. 94925

26. ODDMENTS, LTD. ANTIQUES 999 Lincoln Avenue San Jose, Calif. 95126

27. THE POLIZZI'S SIGN OF THE LION 396A North Highway 101 Encinitas, Calif. 92024

**28. THE COUNTRY STORE**4920 Soquel Drive
Soquel, Calif. 95073

29. GOLDEN EAGLE ANTIQUES
P.O. Box 796
Reno, Nevada 89504

30. VICTORIAN HOUSE ANTIQUES 942 South 2nd San Jose, Calif. 95112

31. WENDELL P. HAMMON 20200 Hill Avenue Saratoga, Calif. 95070