

Tree 'n Sea Living

Sunday, Aug. 13, 1982 — Santa Cruz Sentinel—17

A Camp For Everyone To Enjoy



WITH A LOT OF HELP from their friends at Camp Harmon, hundreds of physically and mentally handicapped children and adults are breathing freely of the Santa Cruz Mountains' air this summer.

Because of a two-to-one camper-staff ratio, the campers are free to do what they choose in a relaxed and unconfining atmosphere. They may choose to swim, fish or boat in the camp's dammed-up portion of the San Lorenzo River, ride horseback, do jazzercizes or crafts — or simply watch while nature does her quiet work.

Everything is designed for their maximum participation.

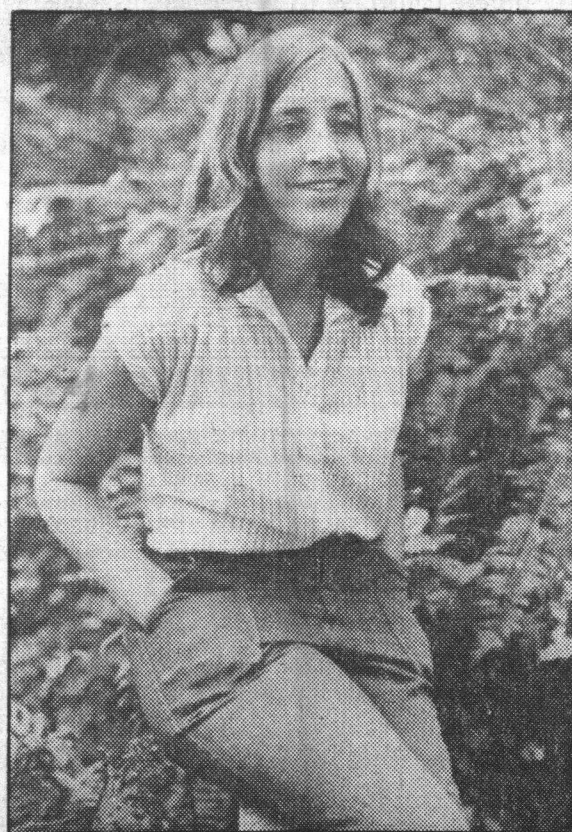
Jane Carr and Paul Arbogast are co-directors of

the facility, which is sponsored by the Santa Cruz County Easter Seal Society and runs five 12-day sessions per season.

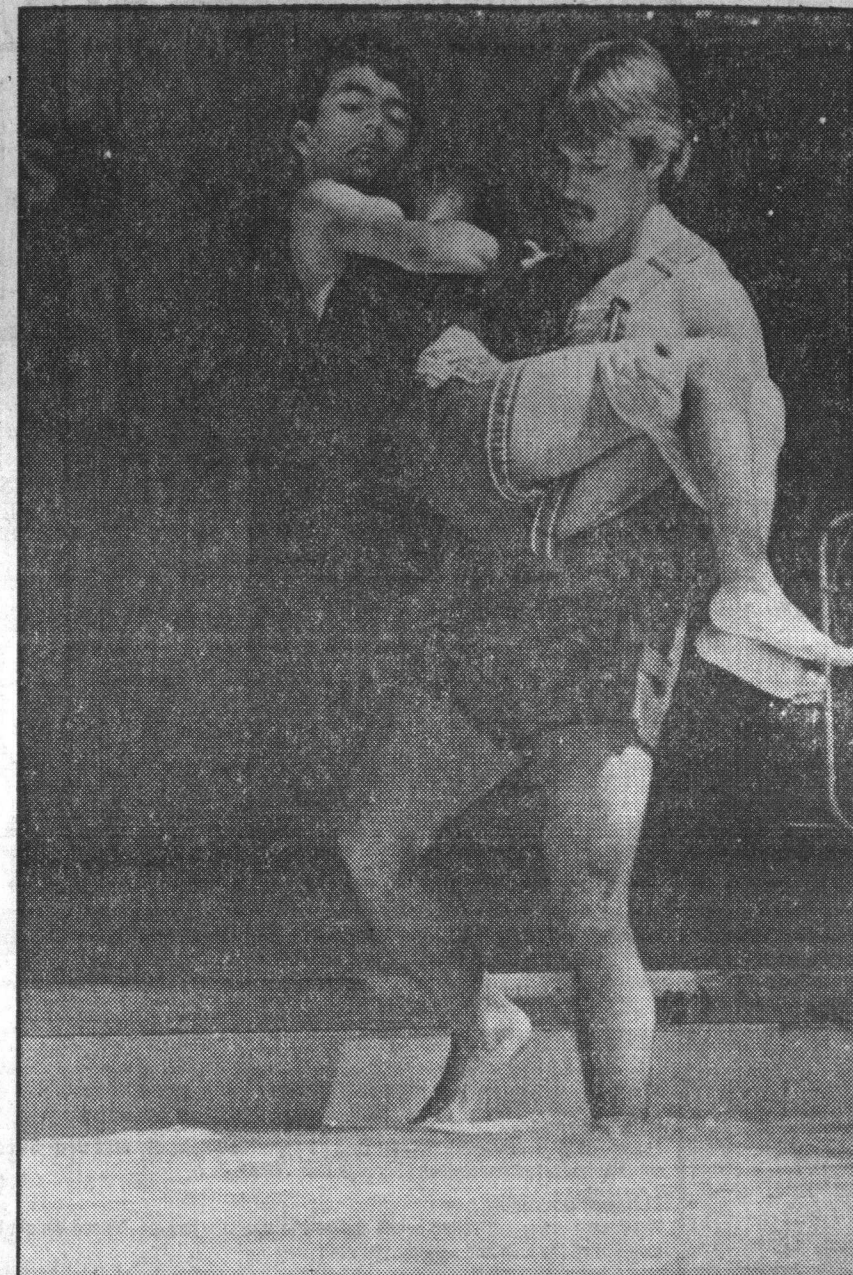
Campers as old as 64 and as young as eight; those handicapped so severely they can move only their heads or those whose problems are so minimal they cannot be readily detected; campers who can verbally express their joy at being there and campers who can only show it in their eyes — these make up the population at Camp Harmon.

Many return each year — and so do many counselors, several of whom are from England.

Someone else benefits, too. The parents of the campers, often pretty well tied down during the year, have a chance to take their own vacations.



Riding, fishing, boating, swimming, exercising -- and a lot of other activities, too, are enjoyed by campers at Easter Seal's Camp Harmon every summer. Co-director Jane Carr is in above photo.



Photos by Pete Amos