

## More Information About The Visiting Nurses

What is being done in Santa Cruz County for the elderly sick, disabled or needy?

The Visiting Nurse Association can tell you.

The association has served the county for many years and today has five programs which give almost total home-care, according to Director Vivian Logan.

"They include skilled nursing, home health aides, homemakers, discharge planning in all three acute hospitals, and the mobile meal program," she notes.

Each case is evaluated by a nurse to determine the patient's needs. There is no charge for this visit during which a nurse will evaluate which services are needed. When a plan of care is established, a doctor's order must be obtained for continued care.

"The visiting nurse gives no service unless it is under the orders of a physician," Vivian said.

All care is on an intermittent hourly basis.

"We do not supply full-time special duty nurses to remain with the patient," she explained. "In many cases, people do not need eight-hour care, but can manage well on two or three hours, two or three times a week."

Even a daily visit for such service as wound dressing or injections would enable the patient to go home sooner from the hospital or convalescent hospital, or to remain in his home longer, according to the VNA director.

The Visiting Nurse association is a private, non-profit, non-sectarian community health agency,

working with physicians and community organizations to provide the best possible patient care in the home.

The designated home health agency for Santa Cruz County, the VNA is certified by the Bureau of Health Facilities Licensing and Certification of the State of California Department of Public Health. As such the VNA participates in the home health programs created by Medi-ca Medicare and Medi-Cal legislation, also.

The five areas of special service are critical ones. The visiting nurse service provides skilled nursing procedures, skilled observations, and other prescribed treatment.

The home health aide service is under the supervision of the visiting nurse and the aide provides care for personal needs of the patient.

Homemaker service includes cooking, shopping, light housekeeping, laundry and assistance with bathing. The VNA is presently under contract to the county Social Welfare Department to provide for welfare recipients.

Therapy services include physical, occupational and speech as prescribed by the patient's physician.

Home delivered meals, or "Meals on Wheels" as it is better known, provides nourishing meals to eligible senior citizens applying either through their doctor or social welfare, personally or through other referral agencies. Regular meals or special diets as ordered by the physicians, are provided.

Discharge planning is provided with a visiting nurse in all hospitals to aid patients in a smoother transition to their homes, after stays in the hospital. The visiting nurse works as a member of a team, with the patient's doctor and hospital nurses.

These services are available to any person living in Santa Cruz County, northern Monterey County (to Moss Landing), and into the Aromas area of San Benito County, who is under the care of a local physician.

VNA charges are determined by actual cost of operation, and adjustment of fees may be made for those patients unable to pay in full through money received from United Fund, memorial or private donations and wills.

Referrals are made by telephone from family, physician or other community agency. The patient's physician must provide VNA with a plan of treatment.

In 1973 the VNA served 1,788 persons.

In that year, nearly 13,000 visits were made.

The homemaker department served 741 patients.

A total of 200 mobile meals were served each day. A total of 34,161 visits, not included in the other visits.

These figures tell a dramatic story of service in Santa Cruz County.

Visiting Nurse Association has offices at 7000 Soquel Drive, Aptos. Telephone (408) 688-6434.

MARGARET KOCH



VNA Director Vivian Logan, seated, with Peg Danna R.N. at left, and Medical Secretary Mary Johnson.

## Musical Tea Set Wednesday

A fourth in a series of six musical teas, sponsored by the Santa Cruz Symphony Guild, will feature the Chamber Singers from UCSC Wednesday at 1 p.m.

at the First Presbyterian Church in Watsonville. The public is invited.

Donations are \$2 for non-guild members; \$1 for members and 50 cents for students. Reservations, due Tuesday, may be made by calling Mrs. Henry Bradley, 688-5231; or Mrs. Charles Petersen, 688-4833.

According to Mrs. Charles Smart, guild president, the teas have grown so popular that early reservations are necessary to insure a place.

Edward Houghton, associate professor of music and fellow of College Five, is conductor of the 15-member student singing group.

## Concert, Tea Slated Thursday

Fern Hammond and Martin Pihl will present a combined piano and organ concert Thursday when the Santa Cruz Woman's Club meets. Both are well known musicians in the area.

Tea time will be from noon to 1 p.m. with Mrs. Dan Hurt and Mrs. Lloyd Miller as hostesses. Club meeting will be at 1 p.m., and will include election of officers. The program will follow.

Fern Hammond is both a pianist and organist, and teaches both instruments. Her last appearance at the club was at the February guest night, when she acted as Jane Nichols' accompanist.

She has studied at Modesto College, Mills College, San Jose



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EDWARD HOUGHTON

music and fellow of College Five, is conductor of the 15-member student singing group.

The program will include sacred and secular works of the 15th, 16th and 17th centuries.

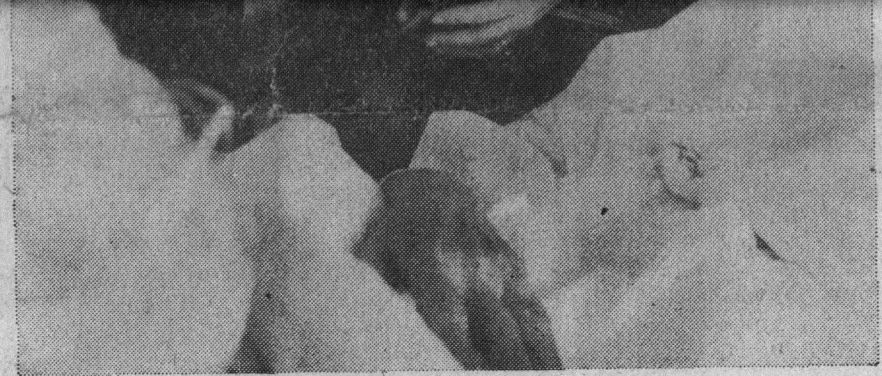
After the program, tea will be served in the church social hall.

at the February guest night, when she acted as Jane Nichols' accompanist.

She has studied at Modesto College, Mills College, San Jose and San Francisco State College and presently is in rehearsal with the Diablo Light Opera Company for their coming production, "Fantastics".

She also is an accompanist for other organizations, including San Francisco Light Opera Company and the State Order of Eastern Star.

Martin Pihl was musical director of band and orchestra for the San Francisco Schools for 40 years. He has served as organist for the California Scottish Rite Bodies for 14 years, and has acted as grand organist of the Order of the Eastern Star, State of California, and organist for the San Francisco Light Opera Company.



Checking on a home plan treatment are, at left, Kay Hooker R.N., and Joy Douglas, social worker with Community Hospital.

## On The Club Calendar

Santa Cruz Eastern Stars will celebrate the chapter's anniversary Monday at Masonic Temple with festivities to begin with a 6:30 potluck.

Valley of the Redwoods OES Chapter will honor 25 and 50-year members when it meets at 8 p.m. Tuesday at Felton Community Hall.